



## Sparkle Jewellery

As well as developing two-handed play this game gives the helper hand practice in:

*Thumb/finger grasping*

*Holding*

*Reaching*

*Releasing*

*Wrist and forearm movements*

The first time your child plays with this toy you will need to tie a knot in the end of the elastic or string that is used to thread the beads. Encourage him/her to hold the string in one hand and to pick up the beads with the finger and thumb of the other hand.

Spread the beads on the table so that some of them require a stretch to reach them. Ask your child to use whichever hand is closest to pick up the bead. He/she can then switch hands if it is easier to thread the beads holding the string in his/her right hand and the bead in the left.

You may need to help your child to tie the end of the necklace or bracelet that he/she makes.

Encourage your child to put on the necklace over his/her head or the bracelet on the wrist of his/her helper hand and to turn the hand palm up and then down to show it off.



**Enjoy the beautiful sparkle jewellery!**

<http://research.ncl.ac.uk/hemiplegiaresearch-fungames>